

December 27, 2011

Preventive care benefits update effective January 1, 2012

Effective January 1, 2012, all non-grandfathered Individual and non-grandfathered fully insured and self-insured group plans of all sizes will be updated to include coverage for the following preventive care services. These changes are being made to ensure compliance with provisions of the Affordable Care Act:

Preventive health services for adults and children

Immunization vaccines:

- Human papillomavirus (HPV) will now be covered for females **and males** up to age 27.

Additional covered preventive services for women, including pregnant women:

- Osteoporosis screenings are now covered for women **age 65 and older and all women at increased risk.**

Preventive health services for infants, children and teens - screenings, tests and counseling:

- Vision screenings will be covered for children ages 3 to 5. Previously, vision screenings were covered for children up to age 5.

The updated flyer will be posted in early January on our Health Care Reform website. If you have any questions, please contact your [Regence Sales representative](#).